

Intermittent Catheterization Clinical Practice Principles

Diane K. Newman DNP, ANP-BC, FAAN, BCB-PMD; Angie Rantell PhD, ALNP; Piet Eelen RN, MSc, CNS-MS; Lisa Morgan MSN, RN, CNRN, AGCNS-BC; Morgan McDowell DNP, AGPCNP-BC, WHNP-BC; Rachel Kaminski BSN, RN, CWOCN, BCMAS



Guiding the way to confident living with intermittent catheterization

1. Pre-treatment

Utilize current educational materials for IC and self-care

Ensure informed consent of the procedure, risks, benefits, and alternatives

Offer individualized instruction of catheter use



Educate
Collaborate
Empower



2. Initial catheter selection

Provide a private, safe, dignified, and clean environment for learning about IC

Allocate adequate time for teaching

Offer information on various product choices and techniques¹

3. The lifespan of intermittent catheter use

Patients should receive ongoing care and support

The opportunity to connect with external resources for support

Obtain supplies based on healthcare professional recommendations



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REFERENCES: 1. Burgess J, Gleba J, Lawrence K, Mueller S. Ostomy and Continent Diversion Patient Bill of Rights. Journal of Wound Ostomy Continence Nursing. 2022;49(3):251-260. © 2024 Convatec. TM/[®] indicate trademarks of the Convatec group of companies. Convatec me+ is a trademark of Convatec Ltd. AP-70149-GBL-ENG-v1.